

Dear Friends,

We have many great tasting, whole grain bread varieties that are made from certified organic, high protein wheat. Our flour is stone ground in our bakery daily in a cool way to retain all the nutrients.

Without sacrificing texture and flavor, most of our breads are fat-free and non-dairy! We bake from scratch and are committed to using all natural ingredients and no high fructose corn syrup. We continue to bake with honey for added flavor and to garner the natural preservative properties so that your bread stays fresh long after you take it home.

I hope you enjoy the freshness and variety that our House of Bread bakers bring to you daily! Please tell your family and friends about us.

Warm Wishes, Lynne

Pastries and Treats

- Low-fat Cinnamon Roll** –walnuts &/or raisins \$ 1.75
Available in 100% Whole Wheat by special order
- Low-fat Cinnamon Twist** \$ 1.50
- Jr. Raspberry Pinwheel** \$ 1.25
- Orange Cinnamon Twist** \$ 1.75
- Carmel Rolls** – plain or with pecans \$2-\$2.25
- Jr. Cinnamon Roll** \$ 1.25
Available in 100% Whole Wheat
- Made-from-scratch muffin:** \$ 1.50
- Baked scone with real butter and cream:** \$ 1.95
- Made-from-scratch Cookie:** \$ 1.00
- Decadently moist brownie or blondie:** \$ 1.50

PASTRY SPECIALS

- Junior Cinnamon Rolls.....6 for \$5.00**
- Buy 5 Twists or Scones; get 1 FREE Muffins.....4 for \$5.00**
- Buy 5 cookies get 1 FREE Mix-n-Match 3 Pinwheels, 3 Muffins, 3 Scones, 3 Jrs. for \$15.00**

BREAKFAST ANYTIME!

- Ultimate Peanut Butter Sandwich** – Toasted apple cinnamon swirl bread with natural peanut butter and honey. Whole \$ 3.75 / Half \$ 2.75
- Sunshine Sandwich** – Grilled w/ Monterey jack, parmesan & cheddar cheese. \$ 3.75 w/ scrambled eggs. \$.50 extra; w/ ham \$1.00 extra
- Chunk o' Bread** – Try a warm white or wheat chunk of bread with melted butter and honey or melted cheddar cheese, or cream cheese & jelly! \$ 2.75
- French Toast** – Our popular apple cinnamon or raspberry swirl breads with a touch of brown sugar and granola. \$5.95
- Austin's PB&J** – Whole \$ 3.25 / Half \$ 2.50 100% all natural peanut butter and jelly.

SOUP – [seasonal] (Ask for "Today's Soup")

- 8 oz. Cup \$ 2.99 / 16 oz. Bowl \$ 3.99
- Soup in a bread bowl \$ 4.50

SALAD – Choice of creamy dill, orange poppyseed, or Italian dressing & a free slice of fresh bread.

- 6-Layer Salad** – Crispy lettuce layered with fresh tomato, shredded carrots, parmesan, cheddar, and Monterey jack cheeses, and sliced red onion. \$ 3.75 / 16 oz
- Turkey Chef Salad** – All of the above plus sliced turkey breast, cranberries, artichoke hearts, & boiled egg. \$ 5.99

SANDWICHES - WHOLE \$6.35 / HALF \$4.35
Choice of Grandma's White, Honey Whole Organic Wheat, or the chosen bread-of-the-day. Mustard & pickles upon request.

Lean Roast Beef

Zesty horseradish spread and sprinkled w/ Monterey Jack cheese / mayo, lettuce, tomato, onion.

Old Fashioned Turkey

Oven roasted turkey / mayo, lettuce, tomato, onion.

Hawaiian Ham/Cheddar

Honey Dijon mustard in a pineapple spread / mayo, lettuce, tomato, onion.

Albacore Tuna

Lemon flavored tuna, added sunflower seeds and dill pickle for that added crunch! / mayo, lettuce, tomato, onion.

Classic Club

Oven roasted beef w/ Monterey jack cheese, smoked pit ham w/ cheddar cheese, and white turkey breast / mayo, lettuce, tomato, onion.

Cranky Turkey

Oven roasted turkey, cranberries & cream cheese / mayo, lettuce, tomato, onion.

Veggie Triple Cheese Delight

Hummus, shredded carrots and artichoke hearts, sprinkled w/ lemon pepper and topped w/ Monterey Jack, Parmesan and Cheddar cheese / mayo, lettuce, tomato, onion.

House of Bread Egg Salad

Our own special recipe—eggs (of course), mayo, mustard, sweet pickle, a touch of curry, celery, carrot, and lettuce.

Hillbilly BBQ Beef

Hot shredded beef w/onions smothered with a tangy barbeque sauce on toasted bread.

Turkey Melt

Oven roasted turkey in a seasoned herbed sauce grilled between melted cheddar and Monterey jack cheeses.

Andy's Hot French Dip

Grilled; roast beef with melted Monterey jack cheese and au jus sauce for dipping.

Tuna Melt

Tuna in a dill sauce, tomato, and melted cheddar cheese.

HALF SANDWICH W/ SM SOUP OR SALAD – \$6.50

LYNNE'S SPECIAL: Jr. Cinnamon Roll 50¢ w/ any lunch.

Catering Options	Price
Pastry Tray An assortment of low-fat cinnamon rolls, muffins, raspberry pinwheels, scones. (Serves 18)	\$25
Two dozen fresh baked cookies or brownies or a mix of both.	\$20
Sweet Roll Deal: 14 cinnamon rolls & 4 raspberry pinwheels.	\$20
Bakers Box We will slice and arrange any of our fresh baked breads or pastries in a baker's box for an office treat or special occasion.	varies
Bread & Spread Tray Pick three daily baked breads & a spread. Choice of hummus, jam, honey, unsalted butter, or homemade honey butter. (Serves 28+)	\$25
Braided Submarine Sandwich A beautiful 3-foot stuffed sandwich that feeds 10-12 people. Choice of any of our cold sandwiches.	\$25-35
Sandwich Tray Any of our cold gourmet sandwiches cut in half -- ready to eat. (Serves 8-16)	\$45
House Salads Fresh greens and garden vegetables with side dressings.	\$15
Fresh fruits of the season cut up in a serving tray. (Serves 10-12)	\$20

Place your catering order at least 24-hours ahead to ensure availability and freshness.



Fresh Bread Box Lunches

Individual or for your catering needs

Our made-to-order sandwich w/chips (veggie or regular), fresh-baked cookie, bottled water or juice, or canned soda. Just \$2 added to your sandwich price.

Daily Baked Bread

\$ 2.65 - \$ 5.95

9-Grain Mon & Thur

White unbleached flour, whole organic wheat flour with 9-grains (cracked red & white wheat, oat, barley, triticale, rye, hulled millet, corn grits, oat bran) Most popular!

Apple Cinnamon Swirl Daily

Made with Grandma's white bread with apples in the swirl. Like a slice of apple pie without the fat.

Apricot Walnut Thur

Sweet apricot chunks & crunchy walnuts in our 100% whole grain bread made with organic wheat.

Basil Parmesan Wed

Parmesan cheese, basil and garlic. Great accompaniment for pasta.

Banana Bread Fri

A deliciously moist bread with or without walnuts.

Blueberry Crumble Wed

Bursts of blueberries in swirls of oats, brown sugar and cinnamon.

Challah Wed, Thur, Fri

Best tasting traditional bread! With or without poppy and/or sesame seeds.

Cheesy Tomato Basil

Mon, Thur, Sat

A saucy pizza bread baked with cheddar and Monterey jack cheeses. Eaten without the drippy mess!

Cinnamon Swirl

Mon, Wed, Fri, Sat

Our Grandma's white bread with generous swirls of honey and cinnamon. Ideal for french toast.

Dakota Mon, Wed, Sat

100% ORGANIC whole wheat flour, honey, sunflower, sesame & poppy seeds give this bread a crunchy sweetness.

Darwin Sat

White flour and organic whole wheat flour with plenty of 9-grains for a hearty, crunchy taste.

French Baguettes Tues & Sat

Crusty with a tender middle.

Garlic Cheddar Tues & Fri

Garlic Cheddar Twists Daily

Compliments any dinner dish.

Grandma's White Daily

A nice, chewy white bread. The best "old standard."

Honey Whole Wheat Daily

100% whole wheat ORGANIC flour, yeast, water, salt, and sweetened with pure honey. A rich source of dietary fiber.

Lemon Bread Mon

A refreshingly sweet bread with a tart frosting.

Low Carb. Regular Sat

Low Carb. Cinnamon Raisin Sat

Only 5 & 6 gr net carbs. Both great tasting bread alternatives.

Montana Mon & Thur

Our blend of organic whole wheat and white flours. Your kids will love it and so will you!

Oatmeal Applesauce Sat

Made with rolled oats, molasses, applesauce, and brown sugar. Deliciously moist.

Pumpernickel Mon

Fans of pumpernickel, rejoice! A hearty, dark rye.

Pumpkin Chocolate Chip Wed

A year-round favorite. Sweet and delicious!

Raspberry Swirl Daily

Sweetened, red raspberries bursting in Grandma's white bread.

Rye Mon

Baked with caraway for that distinctive flavor.

Sourdough Fri

A mild tang using our own starter!

Spelt Tues

A great tasting bread for wheat-sensitive individuals. Low gluten, naturally high in fiber and protein!

Squaw Wed & Sat

An organic wheat and rye flour blend with honey, and sesame seeds. Try it for your next sandwich.

Sunflower Whole Wheat Tues & Fri

100% whole organic wheat with plenty of seeds added for a nice crunchy texture.

Drinks

Canned soda, 100% fruit juices, bottled water - \$ 1.00

Coffee Drinks, including:

Lattes, Mochas, Cappuccinos Small \$ 2.75 Large \$ 3.25

Espresso \$ 1.50 / 1st shot \$.75 / 2nd shot

Coffee Blend Small \$ 1.25 Large \$ 1.75

Rich Hot Chocolate

Small \$ 1.25 Large \$ 1.50

Hot or Iced Tea

Large \$ 1.50

Island Oasis Smoothies (seasonal) – All natural!

Strawberry, pina coloda, lemonade, or mix-n-match!

Large \$ 3.25

Milk 1%

Small \$ 1.25 Large \$ 1.50

Miscellaneous

Homemade **Granola** flavors: Plain, Cranberry, Cranberry Apricot, or Raisin.

½ lb. bag - \$ 2.25 - \$ 2.75 1 lb. bag - \$ 3.99 - \$ 4.75

Energy Bars \$1.95 - \$2.25

Power packed with oats, sunflower seeds, apples, honey, sesame seeds, cinnamon, and walnuts.

Crunchy **Croutons** made with canola oil, basil, garlic, salt & pepper. \$ 2.99

Dinner Rolls

Fresh baked \$ 2.99 for 8 or \$ 3.99 Dozen

Dog Biscuits made from scratch - \$1.99

- 10% Senior Discount Tues & Thur (65 yrs. +)**
- Call us about our tours & bread classes. They are fun & informative.**
- Ride your bicycle to our bakery - receive 10% off.**
- Call ahead to have us save your favorite bread or pastries or have your lunch ready for pickup.**
- Our gift baskets/bags & gift certificates send a caring message.**
- Delivery available with minimum \$25. (Nominal charge depending on location.)**



"Where Good Taste Comes Naturally"

Visit our bakery / cafe
Monday through Friday 7:00am – 6:00pm
Saturday 8:00am – 5:00pm
Sunday 8:00am – 2:00pm

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